



Adarsh Madhyamik Vidhyalaya

Prospectus



Adarsh Madhyamik Vidhyalaya

Nepalgunj Sub-Metropolitan City Ward No.10
Nepalgunj, Banke

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Follow Us On:



Committed
to
Excellence
in
Education

+2 SCIENCE & MANAGEMENT

Business Studies

Computer Science

Hotel Management

Finance

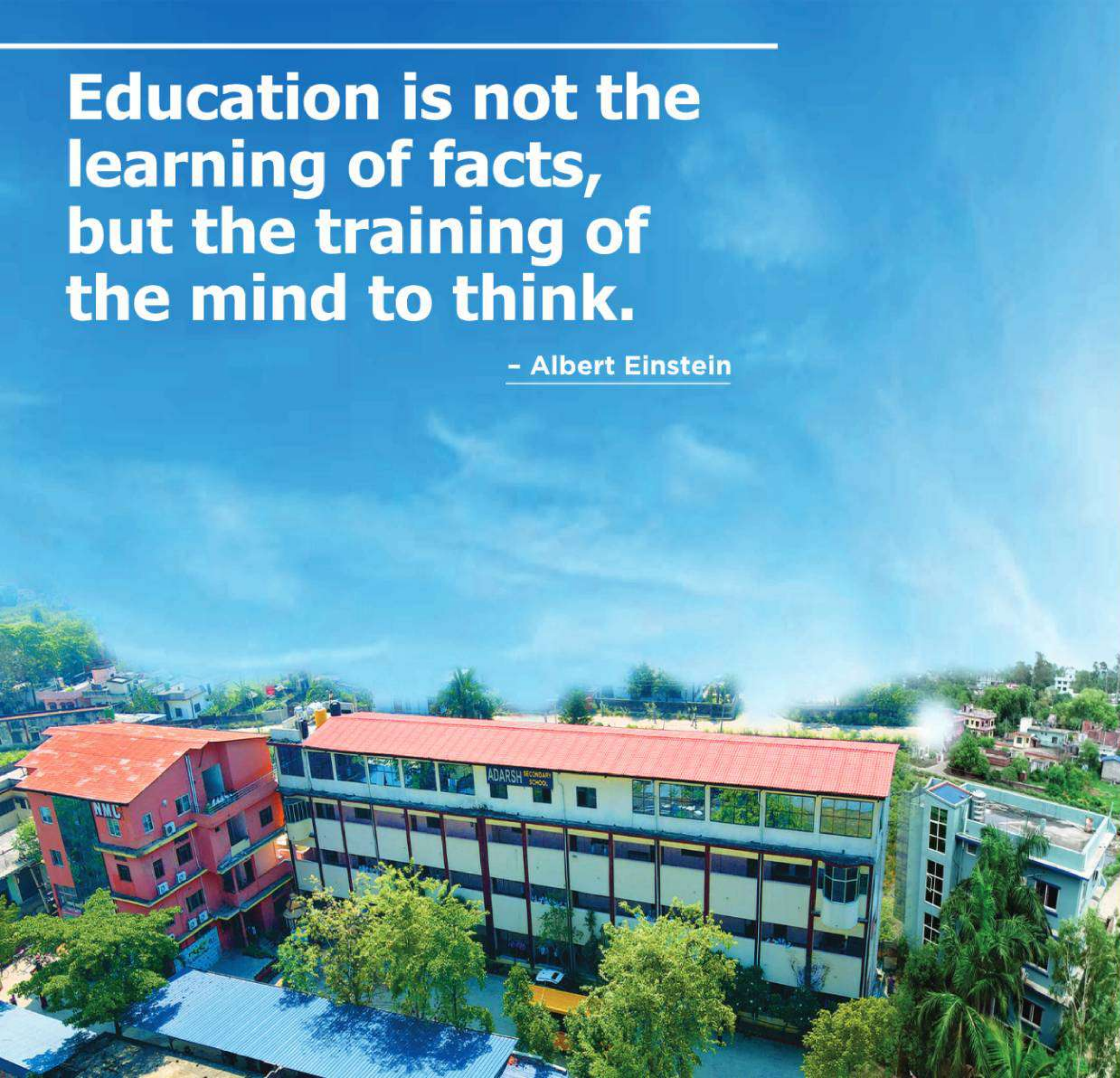
Business Maths

Table of Contents

Page no.	Particulars
05	About Us
06	Message from the Chairperson
07	Message from the Chief-Director
08	Message from the Academic Advisor
09	Message from the Principal
10	Vision
11	Mission
12	Core Strengths
13	Objectives
14	Rules of Success
15	Evaluation System & Teaching Pedagogy
17	Our Educational Philosophy
18	Adarsh at a Glance
20	Our Core Values
21	Academic Program
21	Course Structure
22	Class Routine
22	Scholarship for Class XI
23	Enrollment Procedure
24	Modern School Amenities
26	Teaching & Learning Environment
26	Counseling & Motivation
28	Students' View
29	Students' Achievement
30	Educational Wings
32	Photo Gallery
34	Academic Team
35	Board of Directors

**We provide an atmosphere
to turn your grand imaginations
into reality.
Learn, Execute, Grow,
Achieve & Inspire.**





Education is not the learning of facts, but the training of the mind to think.

– Albert Einstein

About Us

Adarsh College was established with a commitment to excellence in education. Since its establishment in 2056 B.S., we have been providing a dynamic learning environment for students from Nursery to Grade 12. We do not only teach subjects but also emphasize forming responsible, competent, innovative and grounded citizens for society. We ensure that our students receive a well-rounded education that prepares them for future success in the worldwide community. The mission can be put together as.

- A passion for excellence
- Compassionate commitment
- Ability to accept risks and challenges
- Leadership for service to all
- Innovative spirit
- Competence
- Creativity

MESSAGE FROM THE CHAIRPERSON



SANJAY THAPA
Chairperson

Being a business personality myself, I am keen interested in the academic sector as well. I have intensified my dedication in the transformation of Adarsh Ma. Vi. into the center of excellence for education in Science and Management for 21st century learners. Inspired by this marvelous vision, I have been directly guiding, monitoring and mentoring faculty and students of this dream institution, ensuring that every single student finds happiness along with enjoying success in their academic careers.

We operate each of our programs in highly facilitated physical and learning environment. We focus on maintaining the infrastructure to create a comprehensive learning experience. This includes innovative curricula, sports and interpersonal skills training, all aligned with national educational standards.

"The purpose of education is not to stuff your head with facts, but to train your intelligence to think and perceive better."
- Sadhguru

MESSAGE FROM THE CHIEF DIRECTOR



ISHOR POKHREL
Chief Director

With our inclusive approach, we invite each aspirant student to Adarsh MV and be a part of the organization that is dedicated to constructing learning and knowledge from being engaged in tasks designed to offer hands-on experience of a unique blend of theory and practice.

Dear Guardians and Aspiring Students, Adarsh Ma. Vi. was envisioned to deliver cutting-edge education in science and management sectors impacting their future careers. I am delighted that the institution is getting success just to what it aimed to do under its top-notch philosophy and that is; education for building a 21st century citizen. Enrichment of this very niche is manifested in Adarsh MV's amicable educational status that it rightly bestows in the unique blend of culture and technology and also in its institutional motto.

"Committed to excellence in education"
- Adarshians' Motto

It gives me immense pleasure to extend a warm welcome to all prospective students, parents, and guardians through this school prospectus. At Adarsh Madhyamik Vidhyalaya Nepalgunj, we are committed to fostering an environment where academic excellence, holistic development, and moral integrity work together.

We do not only teach in the classroom, but also support and guide both students and teachers in achieving their fullest potential. We believe that education is not only about acquiring knowledge but also about cultivating curiosity, critical thinking, and a lifelong love for learning. Our dedicated faculty, innovative teaching methods, and student-centered approach ensure that every learner is encouraged to explore, discover, and grow.

We continuously strive to create an inclusive and inspiring academic atmosphere that prepares our students to meet the challenges of the modern world with confidence and competence. I invite you to be a part of this vibrant learning community and join us in shaping a brighter future.

Warm regards,

**"A good education is
a foundation
for a better future."**
- Elizabeth Warren

MESSAGE FROM THE ACADEMIC ADVISOR



PRAKASH LAMICHHANE
Academic Advisor

I'd like to extend my immense gratitude to our valued parents and guardians for the faith and belief showered upon Adarsh. It is deemed righteous to serve the seekers of knowledge, and it is in the ethos of Adarsh to empower every learner who makes their way to our institution. We galvanize our students to spawn lasting passion for learning and enabling them to look beyond their abilities and achieve what they once thought was impossible.

Being a part of Adarsh means being part of a friendly and welcoming family, Adarsh Educational Network. It's my privilege to invite you all recently SEE graduates to be a part of this family. We ensure you that you will embark on a global career blazing a trail of success. Visit Adarsh and gain quality education.

Adarsh imbibes and takes your career dreams to the next level.

**"Education is not preparation
for life;
Education is life itself"**
- John Dewey

MESSAGE FROM THE PRINCIPAL



MAHESHWOR JOSHI
Principal

Vision

Our vision is to create a dynamic learning community where science and management intersect to inspire innovation and leadership. We aim to nurture curiosity, creativity and critical thinking while promoting moral values, respect, and social responsibility. By fostering a culture of lifelong learning, the school is committed to empowering every learner to face future challenges and contribute positively to their community and the world.



BRIDGE TO SUCCESS

Mission

Our mission is to provide high-quality, inclusive and student-centered education that nurtures academic excellence, critical thinking and personal growth. We are committed to:

- creating a dynamic and engaging learning environment that promotes innovation and problem-solving skills.
- instilling core values of integrity, respect and social responsibility in our students.
- encouraging holistic development through academics, extra and co-curricular activities and leadership opportunities.
- preparing students for higher education, careers and lifelong success in an ever-evolving world.





Our Core Strengths

Creative Thinking

Internship Facilities

Technological Skills

Mentoring Programme

Self - Regulation Skills

Air-Conditioned
Classrooms



Entrepreneurship Coaching

Job Placement
Opportunities

Project & Task
Based Learning

Committed to Quality

Focus on Extracurricular
Activities

Greater emphasis on
active learner participation

Experienced & Highly
Qualified faculty

Objectives

Adarsh Madhyamik Vidhyalaya aims to achieve the following objectives :

- ✓ Enabling students to learn in a highly disciplined ambience.
- ✓ Creating a student-friendly atmosphere for interactive learning.
- ✓ Providing balanced teacher-student ratio for harmonious and fruitful learning.
- ✓ Focusing on outstanding results.
- ✓ Developing students into responsible and pragmatic citizens.
- ✓ Embracing modern progress with deep reverence for tradition and culture.
- ✓ Developing values such as diligence, self-cooperation, confidence, and respect for seniors.
- ✓ Developing life-long learners.
- ✓ Project-based learning, material-rich classrooms and field trips.



Rules of Success

Strive for extraordinary results.

Study with clear and complete understanding.

Create a problem and solve on your own.

Tackle challenges and maintain willpower.

Keep yourself updated.

Be target-oriented.

Evaluation System

Besides academic performance, the evaluation also focuses on behaviour, participation, creativity and teamwork.

Our evaluation system includes : Project Work, Oral Presentation, Practical Activities

- Homework, Attendance and ECAs
- Cycle Tests
- First Terminal Examination
- Second Terminal Examination
- Pre & Annual Examination
- Continuous Assessment



- **Cycle Test:** At the end of every month, students have to attend a test of the courses of related subjects.
- **First Terminal Examination:** First Terminal Examination is held, mostly before the Dashain Vacation. Time duration of this examination depends on the syllabus covered by the subject teachers.
- **Second Terminal Examination:** Second Terminal examination is held 3 months after First terminal examination.
- **Pre-Board Examination:** At the conclusion of each session, Pre-Board Examination is held following the exact NEB exam pattern. Only the students securing at least 35% marks in each subject are qualified to appear in the Board Examinations.
- **Progress reports of the Terminal examinations** are handed to the parents/guardians. However, the students whose academic performance is not found satisfactory and whose discipline record is found to be rather poor will be strictly mentored to bring them back on track for success in the final exams.

Teaching Pedagogy

We embrace student-centred, inclusive and competency-based teaching pedagogy. It blends traditional values with innovative methods. Continuous formative assessment, authentic evaluations, and constructive teaching and feedback. We focus on holistic development, personalized learning, and inclusive classrooms. We counsel our students personally to remove their doubts.



Friday the Funday

We believe that learning should be exciting and joyful and that's exactly what Friday the Funday is all about. On Friday our school comes alive with a vibrant mix of games, music, creativity and laughter. It offers students a refreshing break, promotes teamwork, and strengthens the bonds of friendship. It's a unique blend of fun and learning that makes every week memorable.



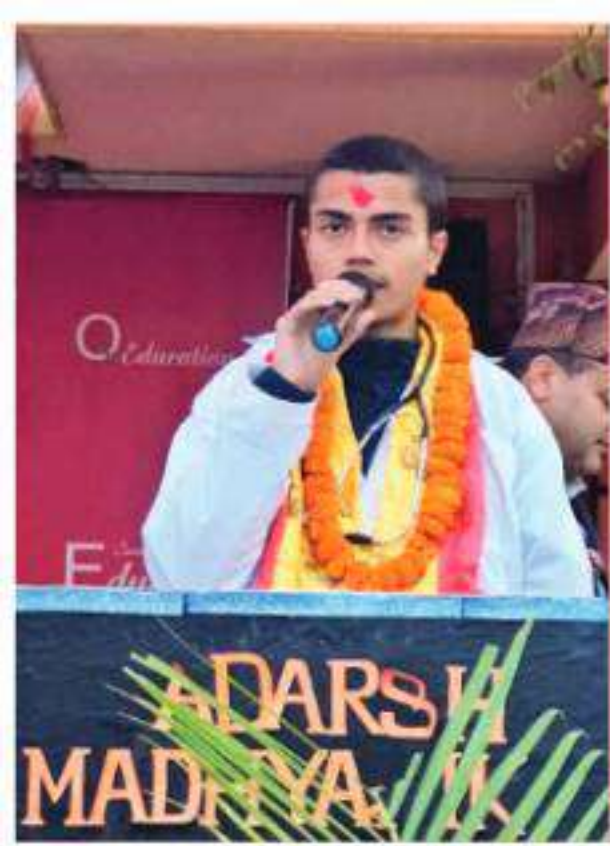
Our Educational Philosophy

At Adarsh Madhyamik Vidhyalaya, we believe education is a journey of growth, rather than a race for grades. Our approach goes beyond textbooks and examinations. We aim to ignite curiosity, build character, and develop life skills that empower students to whatever path they choose.

We focus on creating a balanced learning environment where academic excellence meets personal values, and knowledge is applied with purpose. By nurturing discipline, leadership, and creativity, we prepare our students not only to succeed in higher education and careers but also to become responsible, compassionate citizens.

"Education is not the filling of a pail, but the lighting of a fire."

— William Butler Yeats



Adarsh at a Glance



OUR CORE VALUES



EXCELLENCE

INTEGRITY

RESPECT

RESPONSIBILITY

COLLABORATION

LIFELONG LEARNING

CREATIVITY & CRITICAL THINKING

Academic Program:

At the +2 level, the school offers specialized academic programs in Science and Management. Classes run in two shifts: Morning shift for both Management & Science, and Day shift for Science only. These programs are designed to equip students with the knowledge and skills required for higher education and professional careers.

Course Structure

For Grade XI Management, we offer five alternatives, and students can choose one of the following:

Business Studies Group

- English
- Nepali
- Accountancy
- Economics
- Business Studies
- Social or Mathematics

Hotel Management Group

- English
- Nepali
- Accountancy
- Economics
- Hotel Management
- Social or Mathematics

Computer Science Group

- English
- Nepali
- Accountancy
- Economics
- Computer Science
- Social or Mathematics

Finance Group

- English
- Nepali
- Accountancy
- Economics
- Finance
- Social or Mathematics

Business Maths Group

- English
- Nepali
- Accountancy
- Economics
- Business Maths
- Social or Mathematics

These alternatives are available in Morning shift only. The subjects will remain the same in Grade XII.

For Grade XI Science, we offer two alternatives, and students can choose either one:

Biology Group

- English
- Nepali
- Physics
- Chemistry
- Mathematics
- Biology

Physical Group

- English
- Nepali
- Physics
- Chemistry
- Mathematics
- Computer Science

Both options are available in the Morning and Day shifts. The subjects and shifts will remain the same in Grade XII.

"A well-designed academic program doesn't just teach content, it also cultivates curiosity, discipline, and direction."

— Dr. Ken Bain



Class Routine

Classes are conducted for 6 days from Sunday to Friday.

Science

Morning Shift	6:00 AM Onwards
Day Shift	11: 00 AM Onwards

Management

Morning Shift	6:00 AM Onwards
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Admission Eligibility for Class XI

An applicant who has appeared for the SEE Examination and seeking admission to Grade XI in Science and Management must appear in the Entrance Examination followed by a written test, an interview, an a psychological test.

Scholarship Schemes for Class XI

- Adarsh provides full and partial scholarships to 10 meritorious students on the basis of SEE grade and marks secured in entrance exam.

S.N.	Scholarship	Criteria	SEE	Quota	Requirement
1	Special Talent	Minimum 70% in Entrance Merit	Topper in Entrance Exam	1 each stream One Science & One Management	At least 65% Marks should be secured in internal examination for continuity of scholarship
2	Excellency	Minimum 70% in Entrance Merit	Top 2-4	1 each stream One Science & One Management	
3	Smartness	Minimum 70% in Entrance Merit	Top 5-7	1 each stream One Science & One Management	

- Adarsh scholarship for the 5 students from marginalized communities and remote areas as per school norms and selection criteria.
- The school provides scholarships to the best 15 players of Football, Volleyball, Cricket as well as to Physically Challenged Students & to Nepalgunj Sub Metropolitan City recommended students, According to rules of Sub Metropolitan City. (Need to pass all internal exam for continuity of scholarship)
- Scholarship funded by several organizations to support students for their studies.
- Scholarship for the students who have passed SEE from Nepal Education Board (NEB) as follows.

GPA 3.91 and above	-----100 % tuition fee free
GPA 3.81 and above	----- 75 % tuition fee free
GPA 3.71 and above	----- 50 % tuition fee free
GPA 3.61 and above	----- 25 % tuition fee free

Above schemes on tuition fees during admission are allocated 3 months (up to first term exam)

The scholarship will be changed according to the result of terminal exams.

Scholarship Scheme based on Terminal Examination.

Science

Marks in Terminal exam	Scholarship	No. of Scholars	Duration
Topper or 75% & above	100% in tuition fee	All	3 Months
70% & above	75% in tuition fee	All	3 Months
65% & above	50% in tuition fee	All	3 Months

Management

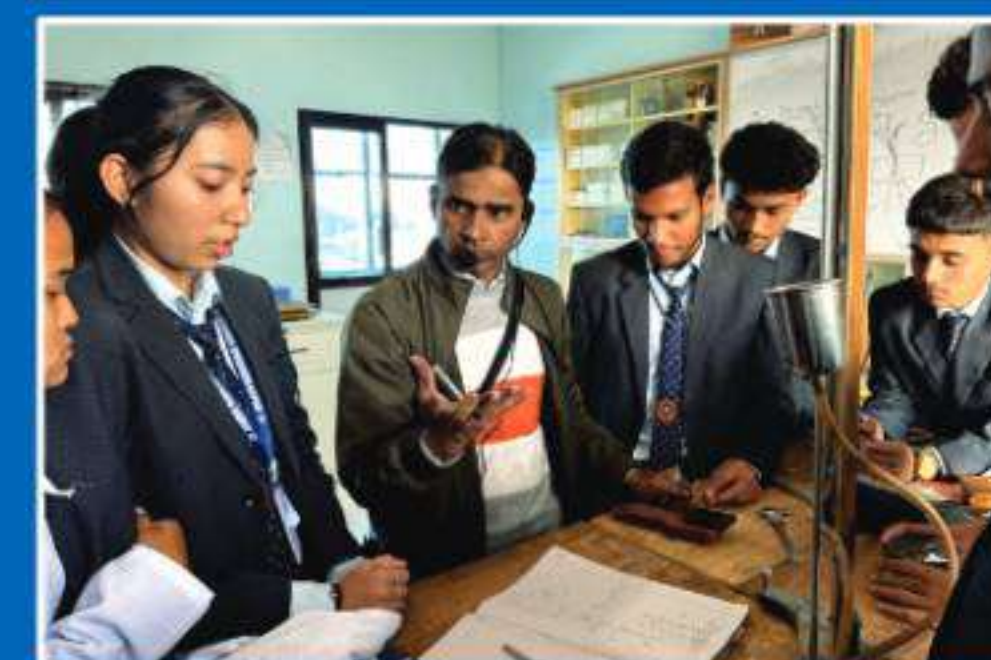
Marks in Terminal exam	Scholarship	No. of Scholars	Duration
Topper or 75% & above	100% in tuition fee	All	3 Months
70% & above	75% in tuition fee	All	3 Months
65% & above	50% in tuition fee	All	3 Months

Enrollment Procedure

We strive to make the admission process smooth and transparent for parents. Follow the steps below to enroll in the school.

- Visit the school office, school website or call at admission desk.
- Consult with the Admission Officer to understand the facilities and admission criteria.
- Fill out the admission form with accurate details, attach the required documents and submit.
- Appear for the entrance test.
- Parents and students may be invited for an interactive session with the school administration.
- Based on the entrance test and interactive session result, selected students will receive admission offer.
- Parents must confirm the admission by submitting the necessary fees and completing other formalities.

Note: Those students who have secured minimum D+ (for Management) and minimum Grade C+ (for Science) in each subject in SEE or equivalent are eligible to apply for admission.



Infrastructural Facilities

We focus on small-sized classes to consolidate individual learning needs and to meet specific assistance required by the students. Classrooms are spacious, comfortable, and air-conditioned.

The laboratories are ideally equipped with all necessary instruments and materials required to strengthen theoretical concept through practical understanding and application. This will facilitate better understanding on the part of the students. Our students will have access to IT equipment. The school has computer laboratories having high speed internet access as a valuable research and learning tool in the school premises. The computer laboratory includes latest PCs, on a one-to-one basis. Our library is well stocked with all necessary textbooks, reference books, and soft copies that are needed for academic excellence.

Sports Facilities/ Extra-Curricular Activities

A student is considered to be complete with a well developed all-round personality that excels not only in academics but also in the field of sports and extracurricular activities. The school encourages students to show their talent in various sports like Cricket, Football, Martial Arts, Volleyball, Table Tennis, Basketball, Badminton, Chess, Quiz, etc. The students are motivated to participate in intra- and inter-school tournaments. The Annual School sports events will provide every student with an opportunity to participate and excel in their interested fields.

Modern School Amenities

- ☑ Healthcare
- ☑ Transportation services
- ☑ Teacher-guided Lab activities
- ☑ Hygienic Canteen
- ☑ Audio Visual Aids
- ☑ Well Managed Library
- ☑ Highly Qualified Faculty
- ☑ Air-Conditioned Classrooms
- ☑ Skills Enhancement Programmes
- ☑ Internship / Fellowship / Career Counselling
- ☑ Sports & Effective Co-Curricular Activities
- ☑ Proper Restrooms and Sanitation



Teaching & Learning

A wide range of teaching and learning methods

At Adarsh College, We offer diverse and engaging ways to learn. Our courses are delivered through a variety of methods, including lectures, seminars, tutorials, and lab sessions. You'll also participate in group discussions, individual and group projects, class presentations, case studies, and industry-based projects ensuring a well-rounded and practical learning experience.

We offer study skills workshops and dedicated mentoring throughout the trimester to support your academic journey and personal development.

Becoming an Independent Learner

At Adarsh College, Students are encouraged to ask questions and express their own viewpoints both inside and outside the classroom. You'll be expected to dedicate at least 5 to 6 hours per week to independent study for each course. Like in all higher education institutions, you are responsible for your own learning journey developing mature, self-directed study habits that will serve you well beyond college.

Learning goes beyond the classroom. You'll engage in real-world projects and collaborative discussions that bring theory to life.

Counselling and Motivation

Each student is unique, with individual motivational factors. Particularly, adolescent students navigate a critical stage of development where guidance is essential for making informed decisions. At Adarsh, we really care for you and provide psychological counseling to stay focused on your goals and overcome academic challenges. The career counseling department augments to explore possibilities that commensurate with your respective skills and abilities, and boost your cognitive process and career objectives.



Extra Curricular Activities



Students View

Suprima Bohara
Management Stream



"Student clubs and projects taught me teamwork and leadership. Adarsh is shaping us for more than just exams."

Bhupendra Bhatta
Management Stream



"Adarsh helped me build better study habits. The routine and mentoring have made me more focused and disciplined."

Shambhavi Thapa
Management Stream



"Presentations and group work have really boosted my confidence. I've learnt to speak up and share my ideas clearly."

"I love that we're encouraged to ask questions. It's not just about marks—it's about understanding and growth."



Purnima Tharu
Science Stream

"Teachers here explain things patiently. The learning environment is friendly and encourages curiosity."



Basanta Khanal
Science Stream

"The lab sessions at Adarsh make science come alive. I understand concepts better through practicals and teacher support."



Ritika Bista
Science Stream



Measuring Academic Successes

NEB

Our Latest +2 Achievements



Mr. Aaditya Shah
MBBS Full Scholarship
CEE-2082, Rank 33



Mr. Mohan Bdr. Chhetri
MBBS Full Scholarship
CEE-2082, Rank 42
Banke-Bardiya Topper 2082



Ms. Prakriti Gyawali
Banke-Bardiya
Management Topper 2082



Mr. Adarsh Sharma Badhai
Banke Bardiya Science Topper
+2 NEB 2081 Batch



Ms. Samiksha Adhikari
Banke Bardiya Topper
+2 NEB 2080



Mr. Subash Acharya
BDS 1st Rank & MBBS 9th Rank
Full Scholarship



Mr. Krishna Neupane
MBBS
Full Scholarship



Mr. Prashant Tharu
MBBS
Full Scholarship



Ms. Manshi Mishra
BSC Nursing
Full Scholarship



Mr. Ramesh Bista
MBBS
Full Scholarship

Technology Expert

Doctors

Engineers

Chartered Accountant

Lecturers

Artist

Entrepreneurs

Fashion Industry

Bankers

Culinary

Lawyers



Adarsh Alumini

Entertainment Industry

Scientists

Civil Service

Management Consultants

Over 50,000 Adarshians in various sectors all around the world.

Adarsh Madhyamik Vidhyalaya

Nepalgunj-10, Banke
School Level

Adarsh Madhyamik Vidhyalaya is established with a commitment to excellence in education. Since its establishment in 2056 B.S, we have been providing a dynamic learning environment for students from Nursery to Grade 12. We do not only teach subjects rather emphasize on forming responsible, competent, innovative and grounded citizens for the society. We ensure that our students receive a allrounded education that prepares them for future success. The mission can be put together as.



Adarsh Madhyamik Vidhyalaya

Nepalgunj-10, Banke
Plus Two Program

Adarsh College have been founded with a commitment to excellence in education. Since its establishment in 2056 B.S, we have been providing a dynamic learning environment for students from Nursery to Grade 12. We do not only teach subjects rather emphasize on forming responsible, competent, innovative and grounded citizens for the society. We ensure that our students receive a well-rounded education that prepares them for future success. The mission can be put together as.



Nepalgunj Multiple Campus-NMC

Nepalgunj-10, Banke
Bachelor of Business Studies(BBS)
Affiliated to Tribhuvan University
with CA & ACCA

Our core mission is to foster academic excellence and innovation while nurturing leadership and integrity. With a strong commitment to producing outstanding results year after year, we take pride in our reputation for excellence in academic outcomes and our contribution to shaping capable, confident, and globally competitive graduates.



Sun Beam English Medium School

Nepalgunj-1, Banke
School & +2 Level

Sun Beam E.M. School has been fostering quality education in the western region of Nepal as its core mission. It is well known for its practicality. The college believes not only in teaching subjects but also in developing responsible, competent, innovative, and sensible manpower that work for society and nation.



Batch 2082-083



Photo Gallery



Academic Team



Sanjay Thapa
Chairperson



Ishor Pokhrel
Chief Director



Prakash Lamichhane
Academic Advisor



Maheshwor Joshi
Principal



Tanka Gautam
Vice-Principal



Birbhan K.C.
HoD. Nepali



Anil Acharya
HoD. Physics



Pawan Gautam
HoD. Social Studies



Praveen Pandey
HoD. Computer Science



Amrit Thapa
HoD. Account



Shashi Ghimire
HoD. Economics



Tasauwar Khan
HoD. English



Ritesh Nag
HoD. Biology



Roshan Shrestha
HoD. Hotel Management



Sudhir Gautam
HoD. Maths

Board of Directors



Ishor Pokhrel
Chief Director



Sanjay Thapa
Chairperson



Prakash Lamichhane
Academic Advisor



Maheshwor Joshi
Principal/Director



Giriraj Paudel
Director



Dr. Raj Kumar Subedi
Director



Rajendra Shrestha
Director



Mukesh Kumar Gupta
Director



Niraj Gautam
Director



Pawan Gautam
Director



Bhagwati Parajuli
Director



Alok Malla
Director